



## Volunteer Application

### Contact Information (Please Print Clearly)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

(Work) \_\_\_\_\_ (Fax) \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Preferred form of contact:  E-mail  Telephone (Circle One: Home, Cell or Work)  U.S. Mail

Are you at least 18 years of age?  Yes  No

**\*Please note volunteers under the age of 18 should be accompanied by a parent or guardian.**

### Emergency Contact Information

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

### Current Occupation

Full Time  Part Time  Retired  Student  Unemployed  Other: \_\_\_\_\_

Company Name: \_\_\_\_\_ Position Title: \_\_\_\_\_

If retired, please list your former employer: \_\_\_\_\_

Previous Volunteer experience(s) listing what organization it was with and what you did: \_\_\_\_\_

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Please provide a minimum of 2 references we may contact. Reference may not be a family member. Include name, and email address.

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*Freely we Receive, Freely we Give*

## Volunteer Application

**Interests and Hobbies:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Are you a member of one of our partner churches, schools or organizations?**

No  Yes, which one? \_\_\_\_\_

**Do you speak any second languages fluently and if so which languages?** \_\_\_\_\_  
\_\_\_\_\_

**Do you have any physical disabilities or health concerns which would prevent you from performing certain volunteer tasks?**

No  Yes, please describe \_\_\_\_\_  
\_\_\_\_\_

**Which program(s) are you applying to volunteer with?**

Monday Meal  Food Shelf (Tuesday)  Wednesday Meal

Produce Distribution (Aug. & Sept.)  Food Rescue - **Circle Choice(s):** Tuesday and/or Thursday

**Which program task(s) are you interested in assisting with?**

- Setup for meals (Tables, chairs, etc.)
- Assist with meal preparation
- Serving at meals (Food, produce & bakery distribution, etc.)
- Clean up after meals (Put away tables, chairs, etc.)
- Food Shelf attendant
- Food Rescue (Picking up & Delivering to Open Hands using your personal vehicle, sorting food)
- Produce Distribution (Set up, assist at event, clean up)



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## Volunteer Application

Please help us in our recruitment efforts by telling us how you heard about our volunteer opportunities:

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I hereby certify that the facts set forth in this application are true and complete to the best of my knowledge. I consent to complete a background screening if my application is accepted for volunteer service. I understand that completing this application does not ensure a volunteer role with Open Hands Midway.

**Signature of Applicant:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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2025

Please return to: Open Hands Midway  
436 Roy St. N  
St. Paul, MN 55104  
Email: [info@openhandsmidway.org](mailto:info@openhandsmidway.org)